

Ridgewood Recycling

The average American throws away an average of 4 pounds of garbage per day! There are almost 500 members of Ridgewood, so that is 2,000 pounds of trash produced by Ridgewood members each day. But it is easy to reduce this number! Ridgewood provides a recycling bin next to almost every trashcan around the pool deck. Unfortunately, people often throw away trash in the recycling bins forcing the contents of that contaminated recycling bin to be dumped in the landfill with the rest of the trash. This summer, we will be sure to clearly label which containers are for trash and which ones are for recycling, but we need your help too! Please review with your family what items can be recycled and what items need to be thrown away. To see an updated list of recyclable materials, visit: <http://www.co.orange.nc.us/recycling/a-z-recyclery.asp> And remember the saying “reduce, reuse, and recycle” is in order of importance.

Here are some tips for reducing your impact on the environment this summer:

- Playing in the sun all summer can make you thirsty, try bringing a reusable water bottle that you can refill at the pool, Ridgewood’s water fountain is highly praised after all! (Fun fact: American’s use 2,500,000 plastic bottles every hour, and most of them are thrown away).
- Bike or walk to the pool, Ridgewood has plenty of room on the bike wrack!
- Use the foot bucket to rinse the sand off your feet after playing volleyball rather than using hose water.
- If you have left over water in your water bottle, instead of dumping it out, pour it on some of the potted flowers around the pool deck.
- Instead of cranking up the AC and spending time inside watching TV, come to Ridgewood!



Following these simple tips can help reduce Ridgewood’s impact on the environment. Every little thing makes a difference, and with nearly 500 members, if we all agree to do one small thing, it can make a big difference!